FOCUS 2
Your Education and Career Plan

A Customized Career Tool for Excelsior Students and Alumni

Career Planning Readiness
Self Assessment

Degree and Career Exploration

Action Planning, Decision Making
What is FOCUS 2?

FOCUS 2 is an online, interactive, self-guided career, degree, and education planning system.
A continuous, lifelong process of exploration and planning goals compatible with your interests, values, talents, personality and aspirations.

*Process Includes: Orientation, Self Knowledge Discovery, Exploration, Decision Making, Action & Adaptation*
Why Use FOCUS 2?

Here’s some questions to consider:

- Are you unsure if your degree program is the right fit?
- Are you wondering what to do with your degree?
- Are you aware of all the occupations that relate to your Excelsior degree program?
- Are you unsure of which careers best suit you?
- Would you like to develop a career plan that works for you?
- Are you ready to make informed career decisions?
Dispel Career Myths

- There is only one perfect job/career for you.
- Your degree program will guide you to your career.
- Your career choices are lifelong decisions.
- Liberal arts, humanities, and sciences are not marketable degrees.
- Your career decisions should be based on the current job market.
FOCUS 2 Can Help You:

- Select a degree program based on your interests and aspirations.
- Discover occupations matching your personal preferences and attributes.
- Map out your career plans, present and future.
- Make informed career decisions.
Understand Yourself First

**Step 1:** Identify your interests, personality, values, skills and lifestyle preferences.  
**Step 2:** Explore occupations and areas of study compatible with your personal attributes.
Understand the World of Work

Today's rapidly changing world:

- New occupations are emerging, others are disappearing.
- Existing jobs are demanding higher levels of skills.
What’s in Your Life Plan?

As you plan your career, consider the big picture. Your career decisions will dramatically impact your lifestyle.

<table>
<thead>
<tr>
<th>Where you live</th>
<th>Your income</th>
<th>Time at home</th>
</tr>
</thead>
<tbody>
<tr>
<td>Your work hours</td>
<td>Your travels</td>
<td>Job security</td>
</tr>
<tr>
<td>Your work associates</td>
<td>Your choice of friends</td>
<td>Your leisure time</td>
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</tbody>
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Plan for the Present and Future

Be ready to adjust career goals, strategies and options based on your interests, personality, values and skills.

With a plan, you will be equipped to manage your career and take advantage of changes in the economy and job market rather than be a victim of those changes.
Start the Process

Use FOCUS 2
It will help you make informed decisions

Use FOCUS 2 anytime, anywhere.
Available online 24/7 on any computer or mobile device